



OLS VIDEO CHANNEL

We livestream all our games on our YouTube channel - www.youtube.com/@OttawaJrLadySens. You can also subscribe by hitting the subscribe button, and then enable notifications by selecting the "bell" icon to know whenever the channel goes live.

YouTube allows viewers to join after the start of the stream and rewind to follow from the beginning of the game. You can also rewind for goals and highlights during the stream and continue to watch the game afterwards. Never miss a game!



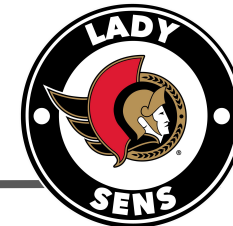
AWAY TEAM

#	First	Last	Pos	YOB	Grad
3	RUBY	MITCHELL	D	2006	2024
5	BRYCE	MCLEARN	F	2007	2025
6	BYRN	RUTLEDGE	F	2006	2025
8	JORDAN	REDDEN	F	2006	2025
9	MAE	SEVERN	F	2008	2026
10	SONIA	MEHTA	D	2008	2026
12	SASHA	Siska-Humphries	D	2007	2025
13	MORGAN	ARSCOTT	D	2005	2024
17	MEAGAN	HOULE	F	2006	2025
21	BROOKE	JUDKIEWICZ	F	2005	2024
22	ALEX	DUSOME	F	2007	2025
23	PAIGE	MCGUIRE	F	2004	2024
28	TEAGAN	PARE	D	2006	2024
34	ALEIYAH	SUTTON	F	2006	2024
45	AMELIA	WILKINSON	G	2007	2024
53	TALIYA	HILDEBRANDT	D	2005	2024
73	HALEY	BECKETT	F	2005	2024
74	AVAH	SEDORE	G	2008	2026
82	KATIE	STUART	F	2008	2026
92	OLIVA	URBACH	F	2007	2025
H	Duane	Eldridge			



www.ladysens.ca

GAME DAY



Ottawa Lady Senators vs Barrie Sharks

1:00 pm Saturday 21 October
TGRC Rink A



#11 Jessica CHEUNG, Defense





#11 Jessica CHEUNG



Defense | 5'7" | 130 LBS. |
Shoots: LEFT | Born: 2006 |
Ottawa ON | Grad: 2024

School: Holy Trinity Catholic High School

Academic Achievements: Honour roll grades 7-11. 90% average. Award of Excellence 2020 to 2023. Achievement of Merit Physical Education 2019. French Immersion Program

Post Secondary Interests: Health Sciences

Athletic Achievements: Named to Team Canada U18 for Series vs USA 2023. Named to OWSA Team Red U18 National Championships 2023. OWSA U22 Elite Provincial Silver Medalist 2023. Stoney Creek University Showcase Champions 2022. OWSA Team 2006. 2022 Bronze Medalist OWSA Provincial Championship U22AA. 2019 OWSA Provincial Champs U13 AA

Community Involvement: Lady Sens Ambassador Program coach for U11 KGHA. Shooting volunteer at goalie training sessions

Leadership: U22AA Alternate Captain 2023-24

Latest Scores						
Date	Time	Home Team		Away Team		Type
13/10/2023	20:00	Barrie	4	Ottawa Sens	2	League
14/10/2023	13:55	Central York	1	Ottawa Sens	4	League
15/10/2023	14:15	Durham West	6	Ottawa Sens	4	League
Upcoming Games						
Date	Time	Home Team		Away Team		Type
22/10/2023	13:00	Ottawa Sens		Mississauga		League
27/10/2023	19:30	Oakville		Ottawa Sens		League
28/10/2023	20:00	Oakville		Ottawa Sens		League

Role Model:
 Erin Ambrose -
 Defense for Team Canada



Ottawa Jr Lady Senators 2023-24

#	NAME	POS	YOB	HOMETOWN	Commitment
3	Michelle GAO	F	2006	Nepean	U. of Guelph
8	Kate THOM	D	2007	Ottawa	
9	Sydney SEMIGA	F	2008	Kanata	
10	Callie MCLEAN	F	2007	Nepean	UCONN
11	Jessica CHEUNG (A)	D	2006	Ottawa	Syracuse U
13	Annabella SACCA	D	2007	Manotick	
16	Lexie HATOUM	F	2008	Ottawa	
18	Grace OUTWATER (A)	F	2006	Ottawa	Penn State U
19	Sophie LEDAIN	D	2006	Kanata	
22	Victoria KAY	F	2006	Gloucester	
27	Juliette THIBAUT	D	2008	Rockland	
28	Dominique RIOUX	G	2007	Ottawa	
36	Brooke MULVIHILL	F	2006	Nepean	St. Lawrence U
65	Avery SUPRYKA (A)	D	2006	Ottawa	Boston University
66	Francesca BARRESI	F	2007	Manotick	
77	Kate VIEL	D	2008	Kanata	
88	Alysse WILKINSON	G	2006	Ottawa	U. of Guelph
92	Olwen JONES (C)	F	2006	Kanata	Carleton U
98	Jordan MULVIHILL	F/D	2009	Ottawa	

Head Coach

Hanna-Riikka Turpeinen

General Manager

Dana Mulvihill