



OLS VIDEO CHANNEL

We livestream all our games on our YouTube channel - www.youtube.com/@OttawaJrLadySens. You can also subscribe by hitting the subscribe button, and then enable notifications by selecting the "bell" icon to know whenever the channel goes live.

YouTube allows viewers to join after the start of the stream and rewind to follow from the beginning of the game. You can also rewind for goals and highlights during the stream and continue to watch the game afterwards. Never miss a game!



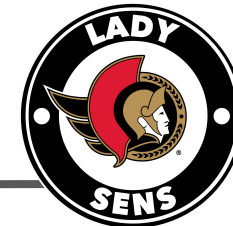
AWAY TEAM

#	First	Last	Pos	YOB	Grad	Committed
9	Keira	Owen	F	2008	2026	
10	Olivia	Aquino	F	2007	2025	
11	Maddy	Nelson	F	2007	2025	
13	Keana	Fernandes	D	2006	2024	
14	Cassie	Barnes	F	2007	2025	
15	Zoe	Falardeau	D	2007	2025	
16	Gulianna	Kalpakis	D	2008	2026	
17	Maxine	Cimoroni	F	2007	2025	
19	Annabelle	Kruzich	F	2007	2025	
23	Scarlett	Nowakowski	D	2006	2024	
26	Victoria	Damiani	D	2006	2024	BROWN
29	Catherine	Hodgins	G	2005	2023	LINDENWOOD
43	Olivia	Fantino	F	2006	2023	BROWN
47	Ashley	Klemens	F	2006	2023	
63	Phoenix	Richardson	F	2006	2023	
66	Kristen	Hartman	F	2006	2023	STONEHILL
70	Taylor	Belchetz	G	2006	2025	UCONN
74	Madeline	Delahunt	D	2008	2026	
91	Emma	Yates	F	2006	2023	BROWN
92	Maria	Mazi	F	2008	2026	
HC	Darcy	Breakey				



www.ladysens.ca

GAME DAY



Ottawa Lady Senators vs Mississauga

1:00 pm Sunday 22nd October
TGRC Rink A



#18 Grace OUTWATER, Forward





#18 Grace OUTWATER



Forward | 5'8" | 155 LBS. |
Shoots: RIGHT | Born: 2006 |
Picton ON | Grad: 2024

School: Louis-Riel High School

Academic Achievements: 90% average

Post Secondary Interests: Sports
 Physiotherapy, Law, Psychology

Athletic Achievements: Hockey Canada National Women's U18 Summer Selection Camp Attendee 2023. Named to OWHF Team Red U18 National Championships 2023. OWHF U22 Elite Provincial Silver Medalist 2023. Stoney Creek University Showcase Champions 2022. U22AA Champions at UOttawa Showcase 2023, Tournoi Hockey Feminin de Quebec City 2023. Selected to attend OWHF U18 High Performance Camp July 2022.

Role Model: Hayley Wickenheiser

Future Ambitions: To play high level hockey at university. To play for Team Canada.

Leadership: U22AA Alternate Captain 2023-24

Latest Scores

Date	Time	Home Team	Away Team	Type
14/10/2023	13:55	Central York	1 Ottawa Sens	4 League
15/10/2023	14:15	Durham West	6 Ottawa Sens	4 League
21/10/2023	13:00	Ottawa Sens	0 Barrie	1 League

Upcoming Games

Date	Time	Home Team	Away Team	Type
27/10/2023	19:30	Oakville	Ottawa Sens	League
28/10/2023	20:00	Burlington	Ottawa Sens	League
29/10/2023	12:30	Stoney Creek	Ottawa Sens	League

Favourite Quotation:
 "Don't let success go to your head and don't let failure go to your heart"



Ottawa Jr Lady Senators 2023-24

#	NAME	POS	YOB	HOMETOWN	Commitment
3	Michelle GAO	F	2006	Nepean	U. of Guelph
8	Kate THOM	D	2007	Ottawa	
9	Sydney SEMIGA	F	2008	Kanata	
10	Callie MCLEAN	F	2007	Nepean	UCONN
11	Jessica CHEUNG (A)	D	2006	Ottawa	Syracuse U
13	Annabella SACCA	D	2007	Manotick	
16	Lexie HATOUM	F	2008	Ottawa	
18	Grace OUTWATER (A)	F	2006	Ottawa	Penn State U
19	Sophie LEDAIN	D	2006	Kanata	
22	Victoria KAY	F	2006	Gloucester	
27	Juliette THIBAUT	D	2008	Rockland	
28	Dominique RIOUX	G	2007	Ottawa	
36	Brooke MULVIHILL	F	2006	Nepean	St. Lawrence U
65	Avery SUPRYKA (A)	D	2006	Ottawa	Boston University
66	Francesca BARRESI	F	2007	Manotick	
77	Kate VIEL	D	2008	Kanata	
88	Alysse WILKINSON	G	2006	Ottawa	U. of Guelph
92	Olwen JONES (C)	F	2006	Kanata	Carleton U
98	Jordan MULVIHILL	F/D	2009	Ottawa	

Head Coach

Hanna-Riikka Turpeinen

General Manager

Dana Mulvihill