

Coming up

.....the U22 team will be on the road next weekend for the final road trip of the regular season!

Saturday March 9th at 6pm is a match-up against the Whitby Wolves and then into town for the 12:30pm Sunday lunch slot against Toronto Leaside.

Join us! Both games will be livestreamed on our Youtube channel.



AWAY TEAM

#	First	Last	Pos	YOB	Grad	Committed
4	Avery	Thurston	D	2005	2023	New Brunswick
7	Samantha	Snyder	F	2007	2025	
9	Teigan	McDonald	F	2006	2024	
10	Rachel	Walsh	D	2007	2025	
11	Ava	Werstine	F	2006	2024	
14	Abby	Stonehouse	F	2006	2024	Penn State
16	Sara	Forwell	F	2007	2025	
17	Maddie	Min	D	2006	2024	
19	Maryn	Broderick	D	2007	2025	
21	Abigale	Kirk	F	2007	2025	
22	Casey	Beisel	F	2005	2023	
31	Lauryn	Busseri	G	2006	2024	
39	Madison	King	G	2006	2024	
42	Avery	Randall	D	2008	2026	
66	Lillian	Bell	D	2006	2024	
77	Megan	Bell	F	2006	2024	
91	Kate	Foster	F	2006	2024	
94	Caitlin	Kraemer	F	2006	2024	MN Duluth
HC	Chad	Campbell				







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GAME DAY



Ottawa Lady Senators vs Waterloo

1:00 pm Sunday 3rd March TGRC Rink A



#77 Kate VIEL, Defense









#77 Kate VIEL



Defense | 5'6" | 140 LBS. | Shoots: LEFT | Born: 2008 | Kanata ON | Grad: 2026

School: École secondaire catholique Paul-Desmarais

Academic Achievements: Honour roll student, 80% average.

Post Secondary Interests: Health Sciences, Sports Management, Business

Athletic Achievements: OWHA U16 HP Development Camp Attendee 2023. OWHL Eastern U15AA League Champions and Playoff Champions 2022/23. Selected to play for Team Ambrose at Ontario Summer Games 2022.

Role Model:

Hayley Wickenheiser

Leadership: U15AA Alternate Captain 2022-23

Community Involvement: On-ice helper for KGHA. Volunteer at Jr.A Showcase

Future Ambitions: To play NCAA Div1 hockey and to play for Team Canada

Latest Scores							
Date	Time	Home Team		Away Team	Туре		
17/2/2024	16:20	Nepean	1	Ottawa Sens	3	League	
24/2/2024	13:00	Ottawa Sens	5	Cambridge	0	League	
25/2/2024	13:00	Ottawa Sens	3	Kingston	2	League	
	Upcoming Games						
Date	Time	Home Team		Away Team		Туре	
9/3/2024	18:00	Whitby		Ottawa Sens		League	
10/3/2024	12:30	Toronto Leaside		Ottawa Sens		League	
16/3/2024	13:00	Ottawa Sens		Burlington		League	

Ottawa Jr Lady Senators

s 2023-24	SEN3
IOMETOWN	Commitment

#	NAME	POS	YOB	HOMETOWN	Commitment
3	Michelle GAO	F	2006	Nepean	U. of Guelph
9	Sydney SEMIGA	F	2008	Kanata	
10	Callie MCLEAN	F	2007	Nepean	UCONN
11	Jessica CHEUNG (A)	D	2006	Ottawa	Syracuse U
13	Annabella SACCA	D	2007	Manotick	Stonehill College
16	Lexie HATOUM	F	2008	Ottawa	
18	Grace OUTWATER (A)	F	2006	Ottawa	Penn State U
19	Sophie LEDAIN	D	2006	Kanata	U. de Montréal
22	Victoria KAY	F	2006	Gloucester	Carleton U
23	Keara KILEY	F	2008	Carleton Place	
27	Juliette THIBAULT	D	2008	Rockland	
28	Dominique RIOUX	G	2007	Ottawa	
36	Brooke MULVIHILL	F	2006	Nepean	St. Lawrence U
65	Avery SUPRYKA (A)	D	2006	Ottawa	Boston University
66	Francesca BARRESI	F	2007	Manotick	
77	Kate VIEL	D	2008	Kanata	
88	Alysse WILKINSON	G	2006	Ottawa	U. of Guelph
92	Olwen JONES (C)	F	2006	Kanata	Carleton U
98	Jordan MULVIHILL	D	2009	Ottawa	

Head Coach	Hanna-Riikka Turpeinen		
General Manager	Dana Mulvihill		