

**OTTAWA LADY SENATORS
U15 AA PLAYER GUIDE
2024-2025**



#4 Ella FRIDGEN

Defence 2010



Shoots: Left

Height: 5'6"

Grad Year: 2028

Hometown: Renfrew

Previous Team: Upper Ottawa Valley Aces U14AA

Future Ambitions: To play Olympic hockey, to be a veterinarian

Academic Achievements: Honour Roll. Top 25% Gauss Mathematics Test

Athletic Achievements: U14AA League Champions. U12AA International Silver Stick Winner 2022. Most Sportsmanlike Player 2024 & 2022
Community League Referee

Role Model: Sarah Nurse

#5 Claire STREEK

Forward 2010



Shoots: Left

Height: 5'5"

Grad Year: 2027

Hometown: Ottawa

Previous Team: Kanata Rangers U15A

Future Ambitions: To attend university and play university hockey

Academic Achievements: Accelerated Gr.8, academic year ahead of peers

Athletic Achievements: U15A OWHA Provincial Championship 2023/24

Favourite Hockey Memory: Winning the U15A OWHA Provincial Championship in 2024!

#6 Taylor GOULD

Forward 2011



Shoots: Left

Height: 5'4"

Grad Year: 2029

Hometown: Stittsville

Previous Team: Kanata Rangers U13AA

Future Ambitions: To attend university and to play in the PWHL

Athletic Achievements: Points leader on U13AA 2023/24. Named Alternate Captain for U13AA

Hobbies and Interests: Volleyball, lacrosse and reading

Role Model: Hayley Wickenheiser

Favourite Hockey Memory: Winning the OWHL Eastern Championship with U13AA in 2023/24



#7 Samantha SALO

Forward 2010



Shoots: Right
Height: 5'2"
Grad Year: 2028
Hometown: Brockville
Previous Team: Cornwall Lady Royals U15AA

Future Ambitions: To play NCAA Div1 or U SPORTS hockey and play for Team Canada. To study in a STEM program

Academic Achievements: French immersion program

Athletic Achievements: Selected for OWHA U16 Ontario Summer Games August 2024. Qualifying for OWHA Provincials in U15AA, U13AA and U13A

Role Model: Marie-Philip Poulin

#8 Charley LUCKASAVITCH (A)

Forward 2010



Shoots: Left
Height: 5'5"
Grad Year: 2028
Hometown: Beckwith ON
Previous Team: Kanata Rangers U15A

Future Ambitions: To play university hockey and study Kinesiology/Medicine

Athletic Achievements: Leading goal scorer U13AA. Went from U13B to making KGHA U13AA. Named Team Captain as a minor in U13. Excels at soccer and Volleyball - Captain of HS team

Role Models: Natalie Spooner and Sarah Nurse, my family members who inspire me to play hockey and study at university

Favourite Hockey Memory: Winning the OWHA Provincial Gold in 2023/24

#10 Emerson BEAN

Forward 2011



Shoots: Left
Height: 5'7"
Grad Year: 2029
Hometown: North Gower ON
Previous Team: Kanata Rangers U13AA

Future Ambitions: To play college hockey

Athletic Achievements: 1st place 800m and 1500m school track event
HEO certified hockey referee. Alternate Captain U13AA

Hobbies and Interests: Softball, soccer and skiing. Spending time with my family

Favourite Hockey Memory: Winning the OWHL Eastern Championship in 2023/24



#11 Kiera CANTLEY

Forward 2011



Shoots: Right **Hometown:** Stittsville
Height: 5'4" **Previous Team:** Kanata Rangers U13AA
Grad Year: 2029

Future Ambitions: To attend university, play hockey for Team Canada and in the PWHL. To study to be a doctor

Academic Achievements: Diligence Award

Athletic Achievements: Captain of U13AA. Winning the OWHL Eastern championship two years in a row at the U13AA level. Played OPDL/Provincial level soccer

Role Model: Marie-Philip Poulin

#12 Zahra FERRON-BOUIUS

Defense 2010



Shoots: Right **Hometown:** Ottawa
Height: 5'6" **Previous Team:** Kanata Rangers U15BB
Grad Year: 2028

Future Ambitions: To play university hockey, interest in Kinesiology

Academic Achievements: French immersion program

Athletic Achievements: Won five tournaments with U15BB team in 2023/24. Multi-sport athlete. Tier 1 Volleyball player. Competed at Ontario Winter Games for X-Country skiing and top ten at NORAMS. Competed at provincials for Sprint Kayak

Role Model: Emma Buckles - Defense for PWHL Ottawa. My family

Favourite Hockey Memory: OWHL Eastern champs two years in a row

#14 Allison MUNCH

Defense 2010



Shoots: Left **Hometown:** Stittsville
Height: 5'6" **Previous Team:** Kanata Rangers U15BB
Grad Year: 2028

Future Ambitions: To study medicine and play post-secondary hockey

Academic Achievements: Honour roll student

Athletic Achievements: Plays on multiple school sports teams - hockey, football, rugby, X-country, ultimate frisbee

Community Involvement: HS Sports Co-ordinator, summer camp volunteer, First Aid/CPR Certified

Favourite Hockey Memory: Travelling to Vancouver and winning the Pacific Coast Challenge with U13AA



#15 Chelsea HAND (A)

Forward 2010



Shoots: Left **Hometown:** Kanata
Height: 5'3" **Previous Team:** Kanata Rangers U15A
Grad Year: 2028

Future Ambitions: To play university level hockey, to work in education
Academic Achievements: Honour roll student

Athletic Achievements: HS hockey Most Valuable Player. HS Multi-sport athlete - soccer, volleyball, hockey, football and softball

Favourite Hockey Memory: Winning the OWA Provincial championships U13BB and U15A

#16 Isabella MORETTO (A)

Defense 2010



Shoots: Left **Hometown:** Stittsville
Height: 5'4" **Previous Team:** Kanata Rangers U15A
Grad Year: 2028

Future Ambitions: To study at US school to become a sports psychologist
Academic Achievements: Gloria Sterling Award of Effort for consistency in all areas of the curriculum and the Physical Education Award

Athletic Achievements: Alternate Captain for U15A. Two-time School board X-country champion Gr.7/8. MVP X-country. 400m track champion

Role Models: Hayley Wickenheiser

Favourite Hockey Memory: Winning OWA Provincials at U15A and U13BB

#17 Abigail WALLACE

Forward 2010



Shoots: Left **Hometown:** Smiths Falls
Height: 5'4" **Previous Team:** Smiths Falls Cubs U15A
Grad Year: 2028

Future Ambitions: To be a lawyer or interior designer, play university hockey and play in the PWHL

Athletic Achievements: Captain of Gr.8 Volleyball team. Multi sport athlete - hockey, soccer, basketball, badminton and track

Role Model: My older sister Olivia and Auston Matthews

Favourite Hockey Memory: Making the team with the Ottawa Lady Senators



#18 Sophie BOAL

Forward 2010



Shoots: Right
Height: 5'3"
Grad Year: 2028
Hometown: Carleton Place
Previous Team: Kanata Rangers U15BB

Future Ambitions: To attend university and play university hockey
Academic Achievements: French immersion program

Athletic Achievements: Excellence in Physical Education Award 2022
OWHL Eastern League Champions 2023/24

Hobbies and Interests: Horseback riding, running and skiing

Favourite Hockey Memory: Winning five tournament gold medals last season

#19 Taylor BOSOMWORTH (C)

Defense 2010



Shoots: Right
Height: 5'4"
Grad Year: 2028
Hometown: Kanata
Previous Team: Ottawa Lady Senators U15AA

Future Ambitions: To attend university and play hockey, become a nutritionist
Academic Achievements: Honour roll student. French immersion program

Athletic Achievements: Played Tier 1 hockey every season. Multi-sport athlete and captain of school sports teams. Two time OWHL Eastern playoff champions and International Silver Stick gold medalist

Hobbies and Interests: School concert band, school musical production team

Favourite Hockey Memory: Competing at provincials last season

#20 Sophia GRECO

Defense 2010



Shoots: Left
Height: 5'4"
Grad Year: 2028
Hometown: Kanata
Previous Team: Kanata Rangers U15A

Future Ambitions: To study Sports Management at the post-secondary level

Athletic Achievements: OWHA Provincial Gold Medalist U15A and U13BB
OWHL Eastern Champions in U15A and U13AA

Hobbies and Interests: Football and golf

Role Model: My older sister Grace

Favourite Hockey Memory: Winning gold at Provincials



#30 Morgan CHEVRIER

Goalie 2010



Shoots: Left

Hometown: Stittsville

Height: 5'4"

Previous Team: Kanata Rangers U15A

Grad Year: 2028

Future Ambitions: To study and play hockey at a University or College

Athletic Achievements: U15A OWHL Provincial Champions 2023/24. U15A OWHL Eastern League and Playoff Champions 2023/24. Rep U15 Softball with Stittsville 56'ers, plays catcher, pitcher and second base

Hobbies and Interests: Softball, golf and fishing

Role Model: Andrei Vasilevskiy

#31 Dani TORNBERG

Goalie 2010



Shoots: Left

Hometown: Manotick

Height: 5'8"

Previous Team: Stanstead College Boys U15

Grad Year: 2028

Future Ambitions: To play NCAA D1 hockey and play for Team Canada

Academic Achievements: Student of the Week. Selected to attend Leadership Camp

Athletic Achievements: Undefeated (10-0) for U15 Boys in the regular season Stanstead Athlete of the Week. Stanstead Soccer MVP

Role Models: My father and my grandparents

Favourite Hockey Memory: The two years I competed in AA Provincials

